



Saint Charles Senior Living Community

Newsletter

* * * * *

A Place To Call Home

March and April 2010



* * * * *

March 17th.

Saint Patrick's Day is in honor of the Patron Saint of Ireland, who brought Christianity to the Emerald Isles, as Ireland is known. It is truly a day of celebrating Irish history, ancestry, traditions and customs.

Are you Irish perchance!?! Well, the saying goes everyone is a little Irish on Saint Patrick's Day.

Erin Go Braugh is perhaps the most common Irish term you will hear. It means "Ireland Forever"

Did You Know? Over 34 million Americans are of Irish descent. That's almost nine times the population of Ireland!

Biblical Art Exhibit Coming to St. Charles

The Saint John's Bible is a major artistic, cultural, and spiritual endeavor. A monumental achievement and historic undertaking, it is the first handwritten and illuminated Bible commissioned since the invention of the printing press.

The Benedictine monks of Saint John's Abbey and Saint John's University in Collegeville, Minnesota hired Donald Jackson, world renowned calligrapher and illuminator, who in collaboration with artists and theologians, has woven word and image in this once-in-a-millennium project. This work of art unites ancient tradition with the technology and vision of today, illuminating the Word of God.

The **Saint John's Bible** is monumental – two feet tall and three feet wide with nearly 11,000 pages bound in seven volumes. There is a total of 160 illuminations; that is, "spiritual meditations on a text". It is that spiritual element that elevates these drawings as well as the people who experience them.

St. Charles Center will host an exhibit of 25 prints from this Bible. The exhibit opens Sunday, August 22 and continues through Friday, September 10. Hours for people to visit the exhibit are: **Mon.-Sat.** 9:30-11:30 a.m. and 1:00-4:00 p.m. as well as, **Sundays:** 1:00-4:00 p.m.; **Wednesday** evenings: 6:30-8:30 p.m.

Whether you have a deep reverence for Scripture, are drawn to art, are an artist or an art collector, or just curious about this fascinating manuscript you don't want to miss this exhibit.

Members of the Planning Committee for this event are: 2 Priests: Fr. Jim Seibert, Fr. Al Nasemen, 2 Residents: David Howard, Pat Charvat; 2 Companions: Liz Schindler Pat Diller, and Sr. Martha Bertke. More information later as we prepare for this event.



Happy Birthday to you!

March

Fr. Lawrence Cyr 3-10
Fr. Ben Diekhoff 3-11
Br. Jude Brown 3-14
Fr. Charles Rohrkemper 3-21

April

Fr. Jim Seibert 4-1
Fr. Len Kistler 4-5
Pat Charvat 4-7

Girl Scout Cookies...

During the month of February it's cookie time. For those of you who don't know, cookie time is referring to that special time of year when you can buy Girl Scout Cookies.

Under Juliette Gordon Low, the woman who brought the Girl Scouts to America, cookie sales began back in 1917 to help finance Girl Scout troop activities. At that time the cookies were homemade by the scouts. In 1934 Girl Scouts began selling commercially baked cookies. Today there are over 300 councils selling cookies at different times all year long.

Girl Scouts from Marion Local Community created home-made cookies and delivered them to St. Charles on Valentine's Day. Their leaders are Julie Brunswick, Amy Frysinger, and Amy Buening. We are very grateful for their cookies and good wishes!

Physical Exercise

We all know that physical exercise is important for our health. Do we take the time for it? **Stacy Wenning**, an athletic trainer who works at Physical Therapy Services, which has a place in St. Henry and Minster came to St. Charles January 13 and February 17. Stacy provided a group session in our exercise room at 10:00 a.m. She will Be with us again on Wednesday, March 10. Hopefully you will be able to come.

Also, we began exercise sessions once a week on Thursday 10:00-10:30 a.m.

Kelsey Mescher, a college student who is studying to become an occupational therapist, leads these sessions. Kelsey does basic exercises to strengthen your muscles, improve your balance, and enhance your well-being. She will continue this through the month of March. Thursday mornings March 4, 11, 18, 25.

The season of Lent...

The Church uses all the senses to make God's message of love familiar and memorable to us. Our Catholic tradition uses art, sacramentals, music, vestments, flowers, incense, and images to speak to the whole person. Perhaps this Lent we can develop an even greater appreciation for the religious symbols and practices of our heritage. May they help us journey through Lent as we prepare for the great celebration of Easter.

Threshold Bible Study

The parishes in the St. Mary's Deanery are using a Bible Study Program during Lent. It is a continuation of the program begun in the Fall. It is a study of Sacred Scripture with a focus on Eucharist. Participants will meet once a week during the six weeks of Lent. At St. Charles groups will meet on Monday mornings at 10:30 a.m. The dates for this are: Feb. 22, and March 1, 8, 15, 22, 29.

Tuesday, March 2

The St. Mary's Deanery Office has invited Sr. Joyce Ann Zimmerman, C.P.P.S., to be here March 2 at 7:00 p.m., in the Auditorium. She will present an in depth look and explanation of the Eucharistic Prayer. This is a great way to better understand the Eucharistic Prayer we hear at Mass. Sr. Joyce Ann is the Director of Institute for Liturgical Ministry in Dayton and founding editor and columnist for *Liturgical Ministry*. An adjunct professor of liturgy at the Athenaeum of Ohio, she is also a liturgical consultant, speaker and workshop facilitator. She also holds a Ph.D. in liturgy and in sacred theology. In the recent year she received a special award from Notre Dame. We look forward to having her here.

Tuesday, March 9

Once a month at St. Charles Senior Living Community we have a Movie Nite and popcorn. Mrs. Teresa Steinbrunner, a wonderful volunteer, comes each month to provide this for us. The movie for this month is *Grumpy Old Men*.

March 12-14

A Vocation Discernment Retreat will be held at St. Charles Center this weekend and they are use the theme, "*Ambassadors for Christ*". It is an opportunity for men to explore Their relationship with God and to consider how God is calling them to be an ambassador For Christ to families, to communities and to the world.

March 22-26

Bishop Joe Charron, C.P.P.S. will be here at St. Charles to give the yearly Retreat. He is a member of the Kansas City Province and serves in the Office of the diocese of DesMoines, IA. We say hearty welcome to him!

March 14

Daylight Savings Time Begins.
Set your clock one hour ahead.



March 20 First Day of Spring

Holy Week Schedule

March 28	Palm Sunday	9:00 a.m.
April 1	Holy Thursday	7:30 p.m.
April 2	Good Friday	2:00 p.m.
April 3	Holy Saturday	7:30 p.m.
April 4	Easter Sunday	9:00 a.m.

Transportation

This past month we took a survey with our residence to see if there were people who needed transportation and when and how often. I appreciate the responses I received and the good comments that were shared regarding this service. The Council on Aging has an office in Celina and they provide transportation for senior citizens in order to assist them. If any residents need to get to a Doctor's appointment or to see the dentist or to go shopping at Wal-mart, or something similar I can work with you on making arrangements for this. This can be very beneficial for those residents who need this.

Groceries

Another great service we have available for our residents comes from Gel's IGA store in St. Henry. They are willing to deliver groceries here for those people who need this service. For more information regarding this, contact the manager's office.

April 22

Earth Day is a day designed to inspire awareness and appreciation for the Earth's Environment. It was founded by U.S. Senator Gaylord Nelson (D-Wisconsin) as an Environmental teach-in in 1970 and is celebrated in many countries every year. The first Earth Day was in 1970. Earth Day is spring in the Northern Hemisphere and autumn in the Southern Hemisphere.

April 30

Arbor Day is a holiday in which individuals and groups are encouraged to plant trees. Arbor Day originated in Nebraska City, Nebraska and is celebrated in a number of countries. It was founded officially by J. Sterling Morton in Nebraska in 1872. By the 1920's each state in the United States had passed public laws that proclaimed a certain day to be Arbor Day or Arbor and Bird Day observance. The dates differ and were established depending on climate and suitable planting times.

Arbor Day is now a holiday that has an international observance and recognition in many countries. In the United States, National Arbor Day is celebrated the fourth Friday in April. Some states choose to celebrate Arbor Day on a different date that corresponds to the best time to plant trees in the area. To find out when your state celebrates Arbor Day, visit www.arborday.org

Grateful

We are grateful to the many people who are so good to all of us. Recently Schwieterman's Pharmacy in Coldwater donated a wheelchair for our use. Our sincere gratitude to them for this generous gift. Thanks to our families, friends, donors, and benefactors. May God bless each of you in a special way.

***Happy Springtime!
Happy Easter!***